BAR HILL NEWS

June 2014; Issue 548

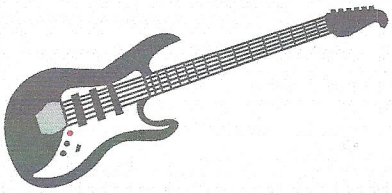
Bar Hill Fête 2014

12:00 - Fête starts

- arena events including Dog Agility
- Beer Festival with cask ales from Lord Conrad's brewery (3pm)
- stalls to visit
  - food and drink
  - arts and crafts
  - local organisations
  - and many more!
- cream teas and music in the Church

18:00 - Live music

- Roger Roger
- Fluffy Wangers
- and more!



5th July 2014

Bar Hill Village Green

We still need more volunteers!

- help in the evening is still needed
- no requirement to join the fête committee
- all equipment provided
- if you would like to help out or would like more info contact:

volunteers@barhillvillagefete.org

Stall spaces are still available! - for info contact:

stalls@barhillvillagefete.org

For more information please see our website:
http://www.barhillvillagefete.org/ and keep your eye on the Bar Hill News!

deadline for the next issue is 15th June, to bhneditor@yahoo.com, or see page 2 for other contact details

BAR HILL RESIDENTS' ASSOCIATION

2014–15 COMMITTEE:

Chairman:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01223 655620	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Simon Munford	email: simon.munford@gmail.com	
Also:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	*[details to follow]*	

BAR HILL NEWS:

Editor:	Jan Cundy	e-mail: jan_cundy@yahoo.com	
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com, *[a Word file is best, please]* or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: **01954 780442**

www.mhmaple.co.uk

Surgery Opening times:

Monday, Tuesday, Wednesday		7.00am*–6.00pm
Thursday, Friday		8.30am – 6.00pm
	(appointments available from 7.30am)*	
Midwife	Thursday	2.00pm – 4.00pm
Physiotherapist	Tuesday	1.00pm – 4.30pm
Podiatrist	Mon, Wed, Fri	8.45am – 12 noon
	Wed & Fri	1.00pm – 4.00pm
Orthoptist	2nd Tues of month	9.00am – 12.30pm
CAMTAD	4th Tues of month	9.30am – 11.30am

Phone lines open from 8.30am – 6.00pm Monday – Friday.

Out of Hours Emergencies – call 111 (Cambridgeshire and Peterborough 111 Service).

Health Visitors (based at Longstanton Surgery): 01954 207612

Well Child Clinics: 3rd Tuesday of the month 1.00pm – 2.30pm at the Children's Centre, Bar Hill (next to Primary School).

USEFUL TELEPHONE NUMBERS

• Church Office **206120** • Conservative Party (Iris Lay) **205265** • Happy Hours (Helen Collins) **782203** • • Liberal Democrat Party (Andy Pellew) **07814 871752** • Library (renewals and enquiries) **0345 0455225** • • Neighbourhood Watch **201001** • Parish Council (Leigh Baffa) **780456** • Police non emergency **101** • • Post Office **789285** • Pre-School **782892** • Samaritans **01223 364455** • School **273305** • Social Club **781881** • • Swavesey Village College **230366** •

BAR HILL VILLAGE HALL

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Mon.	Helene Jones Dance *(school term time only)*	3.30–8.15 pm
Tues.	Shotokan Karate	5.45–8.00 pm
Tues.	Danielle (Boot Camp)	8.00–9.00 pm
Weds.	Helen Jones (Dance)	4.00–6.45 pm
Weds.	Zumba	7.00–8.00 pm
Weds.	Pilates	8.00–9.00 pm
Thurs.	Zumba *(school term time only)*	9.30–10.30 am
Thurs.	Pilates *(school term time only)*	10.30–11.30 am
Thurs.	Weightwatchers	7.00–7.50 pm
Fri.	Martial Arts	6.30–8.30 pm
Sat.	Sweat and Tone	8.00–9.00 am
Sun.	Bingo (doors open 7.15) Cash prizes	7.45–9.30 pm

If you wish to book any of these facilities, or get more information, please contact us: T: **01954 782414** (leave a clear message and we'll call back within 24 hours Monday–Friday); E: barhill.villagehall@btconnect.com. We look forward to hearing from you.

CYCLE DAY – SUNDAY 8th JUNE 2014

10am – 3pm

To publicise the proposed Bar Hill to Coton cycle path, and safe cycling, the four parishes of Bar Hill, Dry Drayton, Madingley and Coton are organising a cycling Sunday. We would like to see as many children and parents as possible. Leaving Bar Hill Village Hall at 10.30am, the route will be along the road to the tarmac path to Dry Drayton, then through Madingley to the Village Hall, then on the A1303 main road to Coton. There will be lots of marshals and stop off points in each village. Every child who completes at least one leg to the next village and back will be given a medal. **Entry is free.** All children will be required to wear cycle helmets. There is no requirement to cycle to all four villages. If you would like to take part, please contact bhddmadcyclechallenge@gmail.com or 01954 211536 for more information.
Refreshments available for thirsty cyclists and supporters; B-B-Q and medals on completion.

FAMILY HISTORY RESEARCH

Caroline Norton, Cambridgeshire Family History Society, will attend Bar Hill Library to assist with family history research between 10am and 4pm on the following dates in 2014:
Monday 21st July
Monday 15th September
Monday 17th November

HAPPY HOURS – NEWSLETTER

We hardly seem to have been at the Club, what with Easter and the other Bank Holidays, so little to report.

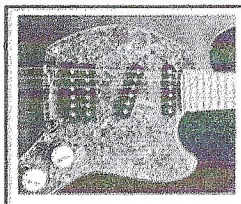
We had a lovely speaker, Mrs Riddell, with slide pictures about "Hidden Cambridge", those little items you do not usually notice but that have much history. Did you know we have two statues of Henry VIII whereas London has none! It was very interesting especially to members who were not born locally.

I received an article which stated that it might be possible to take mobile scooters on some buses. This would need checking with Stagecoach, I think.

We have arranged a day outing on June 12th, to Grantham and the Easton Walled Garden, there will be spare seats available so if anyone is interested please contact me, or call in at the Club on Mondays.

Age UK Befriending Scheme: 0800 169 29 39;
Silverline: 0800 470 80 90

Helen Collins
01954 782203



GUITAR & BASS TUITION
inc. Guitar Repairs

Phone Steve Beaney
01954 260851
07929 888128

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities

Come along to Bar Hill Library at 10.30am, on the second and fourth Saturdays in June.
Storytime invites small children to our regular events.
Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult – parents, grandparents and other adult carers are all welcome– it offers half an hour or more of book-based fun.
This free event opens up the treasure that books offer, introducing young children to their local library and revealing to them all that is to be gained from learning to read. There is no need to book; just come along.
We now have a future reader being trained. She is enjoying taking part, especially meeting the children and their families. Come along and meet her if you have not done that yet.

RASTERREPAIR
Home & Workshop PC Repair. Home Support.
T: 07413 849034; E: rasterrepair@gmail.com

...letters...letters...letters...letters...letters...letters...letters...letters...letters...

Dear Editor

I'm afraid that the factoid which appears at the top of page 16 of May's BHN is wrong. There was indeed a full moon in February 1865. It was on Friday 10th of that month.

It is possible for February to have no full moon, and this is not as rare as you might think. It last happened in 1999, and it will happen again in 2018 and 2037. In those years, there are two full moons in January and another two full moons in March, but poor February misses out completely.

Dr David Harper
(formerly of the Royal Greenwich Observatory)

P.S. The factoid at the bottom of page 16 may come as a surprise to the natives of Azerbaijan...

Reply: As I explained to Dr Harper, my facts mostly come from a list from the 'oughties'. Both the facts mentioned were put in as a late replacement for a piece of information I had put in BHN twice – and, unusually, spotted it in time. I shall look for a more up-to-date facts list. They are added for a bit of fun, people may learn something interesting – or silly! *Ed.*

Dear Editor

I understand there was a table tennis club in Bar Hill a few years ago, based at the school.

If anyone knows what happened to the tables and any other kit, or if anyone is interested in re-starting the club, please e-mail me on stimmo@hotmail.com.

Thanks – *Paul Stimpson*

Dear Editor

Calling all past and present pupils of Bar Hill School.

To mark Lin Whyte's retirement as headteacher, we would like to put together a photo album with pictures from the people to whom she's devoted so many years of service: the pupils!

If you would like to contribute, please would you prepare:

- a photo of you as you are now;
- if you are no longer a pupil, a photo of you when you were;
- a message of appreciation, perhaps saying something about what you are doing now. Please include your name and the years you were at the school.

Either email the item(s) to lwphotoalbum@barhillschool.co.uk; or address them: 'LW Photo Album' and deliver the school office by **6 July**. Do pass the word to other pupils/former pupils and let your Facebook friends know.

If you're not a pupil/former pupil, but have some other connection with the school, please do contribute.

The Governors, Bar Hill School

'FOR SALE' ADVERTISERS

May I once again implore advertisers to *let me know* when you sell your item(s)? There are a lot of requests to advertise goods, so from July's issue I'll put your advert in for two editions, unless I hear from you that it is sold.

Many thanks, *Ed.*

NEARLY NEW AND NEW SALE

Saturday 28th June 11am–2pm
Bar Hill Village Hall

For more information, or stall booking form, contact hcarey1@sky.com; or em.spenceley@hotmail.co.uk.

HAVE A GO!

Bring your dog along to the fete and have a go at easy agility.
Organised by St Ives Dog Training Club.
Lots of fun for your dog!

FOR SALE

FEED THE BIRDS

2 x Seed Feeders RRP £3.99 sell £1.50 each
1 x Suet block Feeder RRP £3.99 sell £1.50
1 x Peanut Feeder RRP £3.99 sell £1.50
8 x Suet Blocks RRP £2.49 sell £1.50 each
1 x Bag Seeds RRP £10 sell £2
Bird Nesting boxes £3 each (6 available)
Bird Table wall mounted £1
Wall mounted feeder triangle £1

Or any near offers
Tony 07831895007; 01954 789848

WALK SONG DRAMA

On **13th July**, the Bar Hill Choir will be making a walk from Dry Drayton through Bar Hill to Lolworth and singing various songs on the way. Money raised will go towards local charities and projects, including the Skate Park.

The broad theme of the performances will be 'place', which includes the people here, as well as history or nature, and the working title is 'TURNING THE CORNER', partly because the route of the walk makes an approximate 'L' shape.

Our hope is that as many people in the villages will be as involved as possible, either as fellow walkers or as performers, and for all or part of the walk. We involving the schools but if you are groups or individuals and are are interested, please contact us at pstockton_1154@yahoo.com.

– HEALTHY LIVING, HEALTHIER LIFE –

Health Awareness Event

Thursday 12th June 2014 at 7pm – Bar Hill Church

Free event open to everyone;
Refreshments will be served

The Maple Surgery and Patient Participation Group are holding a Health Awareness Event in Bar Hill Church at 7pm on Thursday 12th June 2014.

Entitled "Healthy Living, Healthier Life", the event will feature advice on nutrition, question and answer time with a local GP, and a fun interactive session with a local fitness expert. There will be a chance to talk to representatives from the surgery, slimming clubs, a walking group and a local gym.

NEIGHBOURHOOD WATCH

IS YOUR DOOR OPEN?

It seems that a number of recent burglaries across the area involved unlocked doors, offering no resistance to opportunists and professionals alike.

Please help yourself and the police:

- Keep external doors locked.
- Don't leave tempting ground floor or accessible windows open when you are not in the room.
- Don't leave keys and wallets near the front door. Burglars are known to use poles to fish through the letter box.
- Lock sheds and garages. They hold items appealing to a burglar, even the tools to break into your house.
- Keep side gates locked.
- Help build a safer neighbourhood, by mentioning to others any lapses in their security that you observe.

And finally, while being questioned by police, a burglar commented he avoided Neighbourhood Watch areas during the day because he knew residents were alert. But once the curtains were drawn he knew he was safe because people didn't look out so much. MORAL – look out of your windows at night; and day or night, report anything suspicious to the police (101). Burglars often check out an area before committing a crime and you can help forestall them.

Pam Vendy, NHW Village Co-ordinator

Can anyone put up some floating shelves for a Hanover Close pensioner? 01954 200315. Thanks very much.

ABSOBEAUTI

a little luxury you deserve

Shellac/IBD/Geleration Nail Polish; Minx; Manicures/ Pedicures; Nail Stamping Designs and Nail Art.
Local business in The Brambles, Bar Hill.
Opening Times: 9am–3pm Monday–Friday
(weekend and evening appts available).
Call Sharon on 07967 610482.

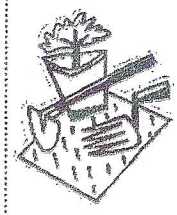
THE HAIR COMPANY

Professional Mobile Hairdressing
covering Bar Hill and surrounding areas.
Call Caroline: 07843 238718

FOR SALE

Counted cross stitch kit by Anchor called 'Village Life' (ref: PCE888). Depicts a country cottage with garden and car. Unwanted gift. £20
Tel: Kaye: 01954 782403

GINNY'S GARDENING AND DESIGN



Do you need your gardening done?
Need ideas of what to plant where?
From whole gardens or just one bed, let me help you achieve the perfect garden for you.
Personal service tailored to your wishes, budget and garden conditions.
Phone Ginny on 01954 789206

RE-CYCLING OPEN DAY AT WATERBEACH

Saturday 21st June 10am to 4pm

There will be fun for all the family at this year's Re-Cycling Open Day at AmeyCespa's waste management park on the A10 at Waterbeach.

With the Tour de France coming to Cambridge, there is a cycling theme to this year's event, with a cycle try-out around a recycled track and cycle-powered smoothie makers showing how to reduce food waste.

Visitors will be able to see a range of reuse, recycling and composting exhibitions, including cycle repair workshops from Opportunities Without Limits, the Sawston based charity that refurbishes bikes. There will also be coach tours of the Waterbeach site to see how Cambridgeshire's waste is recycled, and walking tours of AmeyCespa's Mechanical Biological Treatment plant and Materials Recycling Facility.

There will be model-making activities using waste packaging, and competitions, including the chance to win bike lights, if you bring along household batteries for recycling at the DHL electrical recycling stand.

The Open Day is a joint venture between AmeyCespa and Cambridgeshire County Council. Entry is free. For more information call 01223 861010.

RECORD NUMBER OF ARTISTS SIGN UP FOR CAMBRIDGE OPEN STUDIOS 2014

Over the weekends of 5-6, 12-13, 19-20, 26-27 July, artists of all kinds throughout Cambridgeshire will open their doors to members of the public, completely free, and share a few of their artistic secrets. Visitors will have the opportunity to purchase original works of art, and in some cases prints, greetings cards or postcards, though there will be no pressure to buy. They can also speak with artists about their work, or even see works in progress, to discover their techniques.

Over 400 artists are members of COS, and include painters, sculptors, jewellers, potters, glassworkers, blacksmiths, photographers, illustrators, those who work with textiles and many, many more. COS wants to demystify the world of art, bring artists together with local people, and offer an unusual insight into a fascinating unseen world. It's a fantastic opportunity to gaze at amazing treasures and if you wish, speak to the artist that created it, in a relaxed and friendly atmosphere.

Participating studios will be open from 11am-6pm though it is worth mentioning that not all studios are open on all the dates so visitors should check the website www.camopenstudios.co.uk in advance. Some will offer refreshments though this is by no means compulsory for artists so people are advised to plan pit stops on longer routes!

Visitors may even like to pick out a few artists from the guide who are exhibiting and create their own 'studio tour', not forgetting the villages too. Often members are exhibiting within range of a good pub lunch or tempting teashop, so a good route can be planned to make the perfect day out.

Free yellow guide books are distributed throughout Cambridgeshire during the preceding months. The website is always being updated with artist news and insights. Look out for the yellow flags during the event, which indicate an open studio.

CHURCH MATTERS

KNIT AND NATTER...

...is on Thursday afternoons from around 1.15–3.15pm in the Octagon. We are a friendly and active group that produces hats, scarves and mittens for "Operation Christmas Child" shoe boxes. We make lots of other things too. By joining us, you will meet new friends as well as provide support to organisations that need voluntary help.

We have several outings a year, occasional lunches, coffee mornings, a Garden Party in August and a Christmas lunch.

You don't have to be able to knit; you are very welcome to come and "natter" and enjoy a sociable afternoon. For further information contact Sue Kenchington on 01954 780260.

Everyone is welcome of any faith, or none.

BRING YOUR OWN CRAFT GROUP

The group meets monthly on a Saturday afternoon in the Octagon, from 2.15–4.30pm. It was started to provide an opportunity for us to spend a quiet couple of hours working on our craft projects in good company, since we often find that we have too much to do at home to devote much time to our creative hobbies, despite the benefits we derive from them. We usually leave feeling more relaxed, with the added satisfaction of having made progress on our projects.

We are always happy to welcome new members whether they are experienced crafters or just trying something new, so do come along. Remember to bring the materials and equipment you will need for your craft project. We will provide the company and refreshments. We ask for a donation of up to £1 to cover costs.

Provisional dates for 2014: 22nd February; 22nd March; 26th April; 24th May; 28th June; 19th July (in the Church); 27th September; 25th October; 22nd November.

For more details contact either Wendy on 01954 782041 or Sue on 01954 200875.

YOUNG PEOPLE GROUPS

Youth Socials

There is a time to relax, play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

Cell Groups

These are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

Cafe Church

As an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

Young Peoples Evening Worship Service

This informal service is for adults and young people and uses contemporary music and format. This is held at 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at familysmeth@ntlworld.com.

BAR HILL CHURCH HOMEGROUPS

At Bar Hill Church we have six small groups who meet regularly both weekly and fortnightly, with a mixture of evening and daytime meetings. We hope that the groups facilitate discipleship, mission, fellowship, evangelistic outreach and pastoral care. We study a variety of popular biblical material; recent studies have included bible studies on the books of Romans and John as well as deeper insights in to the topics of prayer and worship. The current topic of study is 'praying through the Psalms'.

If you are interested in joining in the fellowship of a small group within the village please contact me at the Bar Hill Church office to discuss placing you in a suitable group.

With Blessings in Christ

Jenny Patton – Small Groups Coordinator

MESSY CHURCH...

...is for pre-school and primary age children and their carers. They meet in the Octagon from 3.15–5.15pm on the 3rd Wednesday of each month.

Each session begins with craft activities followed by a story and song on a Bible theme, and ends with a simple meal. Come along!

For more information contact Peter at familysmeth@ntlworld.com.

BAR HILL CHURCH HOLIDAY CLUB 2014 SPACE ACADEMY

This year the club will take place in the mornings, starting at 9:30 and finishing at 1pm. Apart from the Wednesday, which is 9:30 till 5pm (followed by a family tea).

Venue: Bar Hill Church Centre

Dates: Monday 28th July to Friday 1st August 2014

The holiday club is open to children of primary school age who live in Bar Hill and/or attend the school here in the first instance; thereafter, we will open this up to other children, should we have enough places.

Registration forms are available from Heather Smethurst, Holiday Club Co-ordinator on 01954 201791 or Claire Thorby on 01954 781527 and need to be returned by Sunday 8th June.

Bar Hill Church, together with the British Legion, are hoping to collaborate in arranging a display to commemorate the **Centenary of the beginning of the First World War**. This would be held in the Church on Saturday 5th July, Bar Hill Village Fete day.

If anyone has mementoes from those days, photographs, letters, books or artefacts, and would be willing to lend them for the day, we would be most grateful. If so, would you please get in touch with Rev. Charles Mather on 01954 277119, or Joan Tanton on 01954 780529.

With thanks.

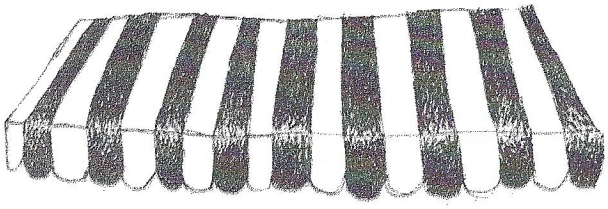
CHURCH MATTERS

THE COFFEE STOP

This takes place every Wednesday at 10 am until 12 noon at the Library. Coffee, tea and biscuits are served, and it is a good opportunity to meet friends old and new and have a chat.

Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone.

We would love to see you there.



BAR HILL COMMUNITY MARKET

Saturday **7th June**
10.30am – 2pm
Saturday **5th July** we join the **Village Fete**
In the Octagon CB23 8EH – Entry is Free
Come and support your local community.
A variety of handmade crafts, jams, fruit, vegetables, cards and beauty products.
We raise funds for community projects.
Refreshments Available
Soup and roll from 12noon
BBQ *(weather permitting)*
If you would like to be part of the market, please contact either Karen Austen 01954 781085 or Sue Gadsby 01954 200875

BAR HILL CHURCH

BAR HILL ECUMENICAL CHURCH SERVICES FOR JUNE 2014

EVERYONE IS WELCOME

The Church Minister, Charles Mather, can be contacted on minister@barhillchurch.org.uk, or by phone on 01954 277119. We hope you will look at our website barhillchurch.org.uk – it gives lots of information about what's happening in Church.

Sunday 1st	**10am** Holy Communion with Cafe Church for young people. *This will be Rich Stein's last service with us.*
	6.30pm Evening Worship
Sunday 8th	Pentecost
	8am Holy Communion
	10am Morning Worship
	Youth Evening – Pentecost Praise at Ely
Sunday 15th	**10am** Holy Communion with Cafe Church for young people
	6.30pm Taize Style Worship
Sunday 22nd	**10am** Moring Worship with Environment theme
	6.30pm Holy Communion
Wednesday 25th	**10am** Midweek Communion
Sunday 29th	**10am** Morning Worship with a speaker from the charity Global Action
	6.30pm Evening Worship

Contact: Church Centre Manager: 01954 206120; office hours Mon., Weds. and Fri. 0930–1230.

There is a Roman Catholic Mass every Saturday at 6 pm.

BAR HILL CHURCH ECO GROUP meets for an hour once a month to think about how we can best use our world's resources, both for our own benefit and for that of future generations. We are working towards the award of 'Eco-Congregation'. Events last year included Sunday workshops on the theme of creation, and an eco walk and picnic. Further details, including meeting dates, can be found on the church website – www.barhillchurch.org.uk.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

Parish Priest:	Mgr Peter Leeming	Tel: 01223 350787
Deacon:	Revd Robert Joyce	
Local contact:	Bunty Waters	Tel: 01954 201421
Monday, Wednesday, Thursday, Friday		8am and 12.15pm
Tuesday		8am and 7.30pm
Saturday		6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and **6pm at The Octagon**, Bar Hill.

Holydays of Obligation	8am, 10am, 7.30pm
Sacrament of Reconciliation	
Tuesday	6.45pm (not after Mass)
Saturday	10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday – copies are also available in the Church Centre.

ROCK SOLID...

...is a midweek club for primary school age children which runs every Thursday evening in the Octagon/Meetings Room from 6.00–7.15pm, during term time only. We have great fun with songs, news time, bible story time, craft and games, stopping for a quick break for drink and a biscuit half way through!

We are fully subscribed at the moment, but if you think your child would like to come along, please contact Adrienne Sharman on 01954 780874 for further information.

BAR HILL COLTS FOOTBALL CLUB NEWS

On Saturday 17th May the Bar Hill Colts held their annual presentation evening at the Bar Hill Sports and Social Club. The occasion is always well attended by a large number of children and families from Bar Hill and the surrounding villages. We are proud to announce the list of trophies and awards made on the night and would like to congratulate all those that took part in the evening to make it such a success, and we'd especially like to congratulate and encourage each and every one of our players, at least 120 children from in and around Bar Hill, who regularly enjoy playing grass roots football as part of one of our teams.

The various special trophies presented during the evening were as follows:

Bar Hill Colts Football Club Special Awards: Young Volunteer of the Year: Tom Lewin; Team Manager of the Year: Kristen Merry; Team of the Year: Bar Hill Vixens U11 Girls; Club-person of the Year: Julian Finbow.

U7 Lions: Parents Player: Hayden Foster; Players Player: Aidan Rowney; Managers Player: Graydon McLeod-Fleming.

U8 Blades: Parents Player: Jada Flatts; Players Player: Aston Wilson; Most Improved Player: Max Johnstone; Managers Player: Max Hilsden.

U9 Rockets: Parents Player: Seth O'Neill; Players Player: Archie Tyrrell; Most Improved Player: Oliver Runham; Managers Player: Sebastian Collins.

U10 Eagles: Parents Player: Toby Simmonett; Players Player: Matthew Stewart; Most Improved Player: Jack Knight; Managers Player: Lorcan Evans.

U11 Foxes: Parents Player: Freya Goddard; Players Player: Joe Playle; Most Improved Player: Nik Ahyaee; Managers Player: Charlie Parker.

Special thanks also to Jack Lewin and James Playle for their help this season.

U11G Vixens: Team Captain: Shammah Nhamoinesu; Spectators Player: Charley Satchell; Players Player: Alisha Marsh; Most Improved Player: Georgia Wilson; Managers Player: Isabel Bryant.

U12 Bullets: Parents Player: Evan Barrett; Players Player: Scott Ward; Most Improved Player: Amelia Gaisford; Managers Player: Chloe Nordon.

U13 Ravens: Parents Player: David Wallace; Players Player: David Wallace; Managers Player: Michael Quigley-Smith.

U15 Girls: Most Improved Player: Chessie Sharman; Best Attitude: Christy Gilks; Managers Player: Teegan Hayden-Smith.

Bar Hill Colts Registration Evening – Monday 23rd June at 7pm

The Bar Hill Colts FC will be running a special "Colts Registration Evening" on Monday 23rd June from 7pm at the Bar Hill Community Primary School. This was a very successful evening last year. With registrations needing to be supplied to the FA even earlier, it is important that those wishing to sign up to play next year come along to do so on this evening. It's also a great opportunity to meet the volunteers who run the club and to socialise and ask any questions you may have about the Bar Hill Colts Football Club and about opportunities to play grass roots football in the village. We look forward to seeing you there.

– FUNDRAISING EVENT –

by Ticket Only

The Yellow Rose Spiritual Centre is holding a **Clairvoyance Evening** with Mediums Jacky and Anita on **Saturday 28th June** at 8.00pm at Bar Hill Village Hall (doors open at 7.30pm)

Tickets: £10.00 including buffet

Tel: 01954 782414 or phone/e-mail Lynn Marie: 01223 359074; lynnmarieowen@gmail.com.

The Yellow Rose Spiritual Centre is a fundraising organisation run by volunteers, and is a member of the Cambridge Council for Voluntary Service. With this event, we hope to keep open the Arbury Community Centre, Cambridge.

For our monthly events please go to: www.yellowrosespiritualcentre.btck.co.uk.

INTRODUCING EVERYDAY ADVENTURE...

...1st Bar Hill Scout Group

Do you want to have fun? YES?

Then Scouting is for you!

Beavers *(for boys and girls aged 5¾–8)* Monday 5.30–6.30;

Cubs *(for boys and girls aged 8–10)* Thursday 6.30–7.30;

Scouts *(for boys and girls aged 10–14)* Tuesday 7.30–9.00.

Contact: Ruth Wright (Secretary) on 01954 201890

MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.

Telephone **Paul Noble** on **01954 780477**.

BAR HILL TENNIS CLUB

Our new season is underway and we would love to see members, and anyone interested in playing, at the courts (behind the School by the playing field). Everyone is welcome even if you are just interested in hearing more about the Club. We invite all current, lapsed and new members. Please encourage your family, neighbours and friends to come to our club social night to play some tennis. We welcome players of all abilities. Tennis is an excellent way to keep fit and enjoy a summer's evening in a relaxed and friendly environment. Our Adult Club night is on a Tuesday from 7–9pm.

Our annual membership rates: Adults £40, Family £80, Juniors £15. For further details, pop down to see us Tuesday evenings at the Courts, call us or visit the website.

We look forward to seeing you!

Contacts:

Chairman: Kevin Jackson, T: 781150, E: visltd@yahoo.co.uk;

Treasurer: John Suchocki, T: 780461, E: j.suchocki@talktalk.net;

Secretary: Paul Chubbuck, T: 781688, E: paul.chubbuck@btinternet.com.

Website: www.barhilltennisclub.co.uk.

Total Relaxation
at the farmhouse

The Old Farmhouse
Gladeside
Bar Hill, Cambridge CB23 8DY

01954 789 344
Open 7 days a week

Aromatherapy, Body Massage,
Indian Head Massage, Reflexology
Hot Stone Massage, Lava Shells
Hopi Ear Candles
Facials, Nail Extensions
Manicures & Pedicure, Gel Polish
Lash and Brow Treatments
St Tropez Spray Tan
Waxing, Intimate Waxing
Hairdressing

email: total.relaxation@ntlworld.com
www.total-relaxation.co.uk

CAMBRIDGE FUNERAL SERVICES

- Family owned & independent
- Traditional & contemporary funerals
- Personal service 24 hours every day
- Private chapel of rest
- Pre-arranged & pre-paid funeral planning
- Green & woodland burials
- Funerals for all faiths & beliefs
- Off-road parking

Recommended in The Good Funeral Guide for the second consecutive year

ANDREW PATEY
Dip F.D. Dip F.M. LMBIFD
Managing Director

PHILIP REYNOLDS
Dip F.D. LMBIFD
Funeral Director

01223 415255
617 Newmarket Road • Cambridge • CB5 8PA
www.cambridgefs.co.uk
info@cambridgefs.co.uk

Village Vet
RCVS ACCREDITED PRACTICE
The vet your pet would choose

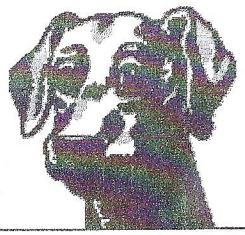
Longstanton
34 High Street, Longstanton CB24 3BS
01954 780027

Cottenham
66 High Steet, Cottenham CB24 8SA
01954 252122

Milton
26 Cambridge Road, Milton CB24 6AW
0845 500 4 24 7

24 hr emergency:
0845 500 4 247

www.villagevet.co.uk



AIRPORT CARS CAMBRIDGE

Maestro VISA

- Long-haul journeys, airport delivery & pick-up only
- Non smoking, air conditioned executive cars
- Prompt, reliable and courteous door to door service
- Mini vans available for holiday delivery & pick-up
- Reasonable rates

For the most competitive quote call:

01954 782822 / 07971 463639 jamesairportcars@gmail.com

Bar Hill Motors

20, Viking Way (next to Tescos)

For all your car care needs

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff and equipment

Opening times
Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

☎ 781132

Alan's Carpets

Save £'s Discount prices!

* Home selection Service
* Over 40 Years Experience
* FREE quotes - Priced right
* Extensive range of Quality Samples
* Room sized Roll ends - Carpets & Vinyl
* Orders fitted within days, not months
* Showroom now open at 1 Station Road, Swavesey

Alan Shrimpton

Phone 01954 232298 or 07790 544250

RedLocks Locksmiths

Your local locksmith

Locked out? All locks opened, fitted, repaired and replaced

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047
t 01954 202818
m 07784 240 970
w www.redlocks.co.uk
e info@redlocks.co.uk

Bar Hill's Newspaper Delivery Service

ANY NEWSPAPER, ANY DAY OF THE WEEK DELIVERED TO YOUR DOOR BY 7.30AM.

£1.00 – SATURDAY + SUNDAY
£1.50 – MONDAY TO FRIDAY
£2.00 – MONDAY TO SUNDAY
PLUS THE PRICE OF YOUR SELECTED PAPER

SET UP IN 2011 WE DELIVER TO HOUSE HOLDS AND BUSINESSES IN BAR HILL, OFFERING YOU A SIMPLE, RELIABLE SERVICE FOR A GREAT PRICE.

TEL: 07814754520
INFO@YOURLOCALPAPERBOY.CO.UK

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

* FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
* ALL ASPECTS OF FLOOR/WALL TILING
* SUPPLY & FIT OR LABOUR ONLY
* LAMINATE WOOD FLOORING
* FREE QUOTATIONS AND ADVICE
* QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR PROPERTY MAINTENANCE REQUIREMENTS

e-mail: dean.mills2@hotmail.co.uk

Full and Part Time

Care Workers

Work closer to home in a role that's close to your heart.

If you're a support worker looking to make a real difference - or would like to train to be one - Midas Care would love to hear from you. We are one of the most respected names in independent healthcare and preferred provider of homecare for Cambridgeshire County Council. You'll join our friendly teams on established local rounds, offering physical and mental support to patients in their own homes whilst maintaining our high standards of delivering 'quality care'. In return you'll receive good pay, mileage allowance and appropriate training.

apply@midas-care.co.uk
or telephone 01954 571061

MIDAS

KH Flooring services

Domestic & Commercial Installers & Suppliers

HOME SELECTION SERVICE

CARPETS / VINYL
Karndean / Amtico
Altro safety flooring (wet rooms / kitchens)
Laminates and Wood Flooring

FREE Quotation No Obligation

EMAIL: flooringquotes@aol.com

CALL 01954 780570 9:00am-5.00pm

Mob : 07801542378 8.00am - 6.00pm day time

Bar Hill CB23 8TF

Super Snips

Mobile Dog Grooming by Julie

- Micro Chipping
- Ear Cleaning & Plucking
- Clipping
- Bath & Drying
- Nail Cutting
- One to One Care

All in the comfort of my heated van on your own doorstep

07712 323 557

www.supersnips.co.uk Email julesanderson@yahoo.co.uk

follow us on @supersnipsuk and like us on @super snips

ELECSA

A Barrett Electrical

Competitive Prices and First Class Service

All Types of Electrical Installation, Maintenance And Repairs including testing and inspection

Domestic, Industrial and Commercial

Bar Hill Resident 38 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Power
- Security Lighting
- Call Outs
- Testing / Inspections
- Data Wiring
- Consumer Units
- Heating/Showers

85 Stonefield, Bar Hill, Cambridge, CB23 8TE

Mobile : 07735615871

Email – barretts11@msn.com

Elecsa Reg No : EPP32673

SPECTRUM

CONSERVATORIES
WINDOWS
DOORS

FENSA
Registered Company

MOBILE: 07702 895673
TEL: 01954 789478

Chris's Bikes

Bar Hill's local cycle centre

2 Thornton Way, Girton (Just of Huntingdon Road)

- Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- Wide range of spares/accessories available
- Cambridge's only 5 Star Magura Service Centre
- Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- Good selection of quality hybrid and mountain bikes
- BMX and children's bicycles also available:
  Giant, Haro, Mongoose, Hally & Diamond Back
- Good quality secondhand cycles always available
- Plenty of parking

Cambridge Stockist of GIANT

Quality for less ☎ 276604

Come and visit us; we will make you welcome

SE
stampelectrical

LOCAL ELECTRICIAN

01954 789064

- Fuse Boxes
- Showers
- Extra sockets
- Lights
- Heating controls

NICEIC DOMESTIC INSTALLER

stamp.electrical@ntlworld.com

Group Fitness for all Ages

Shape N Tone
Mons 6.30pm-7.15pm, Church , Bar Hill
Weds 6.30-7.15pm, Church, Bar Hill

The Fitness Class
Mons 7.30-8.30pm, The Church, Bar Hill
Thurs 6.15-7.15pm, Oakington Pav

Over 55s Class
Tues, 10-11am. The Church, Bar Hill
Frids 10-11am, Oakington Pav

£4.50 a class / £36 for 10
Concess £3.50 a class, £30 for 10

Call Simon on 01223 236945
or visit www.bodyinmotionpt.co.uk
Free First Class

PHYSIC

Oakington Therapy Centre
is now at
76 Gilbert Road
Cambridge
CB4 3PD

Roger Giddings—Osteopath
Emma Bicknell—Osteopath
Mike Salt—Sports massage
David St Laurent—Injury rehab

but can still be reached on
01223 237459
www.physic.co.uk

Power Tool & Plant Hire, Sales & Repairs
M. P. Harvey 119-123 Middlewatch, Swavesey

Tools for all your requirements: Decorating, building, gardening, breaking and DIY
Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.
All other tools and small plant repaired, including Kangos, disc cutters and generators
Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Adult's & Children's bouncy castles now available

Tool Hire:
Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders, Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers, Tile cutters, Acrows, Mowers, Rotavators, Hedge trimmers, Pumps

☎ 206113

Steve Jolley
Plastering & Tiling

6 Foxhollow
Bar Hill
Cambridge
CB23 8EP

Home 01954 780445
Mobile 07727 203626

T.N. Walsh (AIP-RP)

Plumbing and Heating

Tel: 01954 780252

Mobile: 07887 561525

All plumbing and heating work, including power flushing

Acorn Avenue, Bar Hill, Cambs, CB23 8DT

24 hour service...No call out charges!

GAS safe REGISTER 23354

ciphe Chartered Institute of Plumbing and Heating Engineering 026851

Est. 1989

ARCHITECTURAL DRAWINGS

FOR

PLANNING & BUILDING REGULATION APPLICATIONS

NEW PROPERTIES, EXTENSIONS, LOFT CONVERSIONS ETC

CONTACT US now to arrange a FREE on-site meeting at your convenience to discuss your project.

ELY DESIGN GROUP

'Architecture By Professionals'

www.elydesigngroup.co.uk/bhn.php

Tel: 01353 649649 Mob: 07939 158482

mail@elydesigngroup.co.uk

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

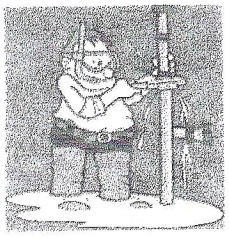
ELLIOTTS

Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

Unit 44, Viking Way, Bar Hill, Cambridge, CB23 8EL



M&M

Heating & Plumbing Services

Corgi & Oftec Registered

Oil/gas boiler service

Bathroom Installations

Heating/Plumbing m

Power Flushing

Landlord Certificates & Safety Checks

Free estimates

Friendly and reliable local service

213666

01223 691599

07832261791/07766281962

FRIENDS OF THE ROSIE HOSPITAL

With your help, we are making the Rosie a more comfortable environment for mothers and babies.

New knitted clothes and toys are for sale on our website www.rosieinstitches.org.uk.

If you have any spare polyester toy stuffing, ribbons or yarn we are in urgent need of your donation.

Start your holiday shopping today with Easyfundraising and our charity will benefit from a donation. We have discounted items for sale in our eBay Charity Store Rosieinstitches2010. There are links to affiliate stores on our website from whom we will get a donation.

Upcoming Stall dates this summer

Saturday 14th June 10.30am to 5pm – Worldwide Knitting in Public Day at **The Farmland Museum**, Waterbeach, CB25 9PQ;

Saturday 5th July 1pm to 4pm – **Bar Hill Summer Fete** on the Village Green, selling handmade toys and gifts.

To support Friends of the Rosie Hospital, Cambridge, England, visit http://www.easyfundraising.org.uk/causes/forh and follow the instructions. You can raise funds by using the Easyfundraising search site at http://forh.easysearch.org.uk There are competitions to enter on the Easyfundraising blog.

Follow us on the Rosie in Stitches Facebook page.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares, please contact a member of the committee. Details are on our website.

Thank you for all your support.

LOCAL PAPER BOY/GIRL: we are looking for delivery boys/girls in Bar Hill for Saturdays/Sundays. You must be 13+. Small or large rounds available. T: 07814 754520; E: info@yourlocalpaperboy.co.uk.

NWR

Ladies – Would you like some social and mental stimulation? If so why not join us on alternate Thursday evenings.

NWR is a national organisation with members all over the country, who enjoy lively conversations both serious and light hearted. It is for women, of all ages who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us, come along to one of our meetings, you would be very welcome.

5 June DISCUSS A CURRENT NEWS ITEM. Venue: Julie's

19 June GARDENS IN EUROPE – research and talk about a special garden you would like to, or already have, visited. Venue: Bobby's

21 June (Saturday) VISIT TO AMEYCESPA RECYCLING PARK OPEN DAY. *[more details Open Day on page 5]*

3 July DO YOU HAVE A FAVOURITE FILM ACTOR? Tell us why they appeal to you. Venue: Brenda's

The Bar Hill NWR group meets informally on alternate Thursday evenings; we pay just £1.00 per meeting to cover costs. If you would like more information, or someone to accompany you to a meeting, please don't hesitate to call Marie-The Last on 780329 or Geraldine Martenz on 203458. NWR's website: www.nwr.org.uk. Why not have a look!

MAPLE SURGERY NEWS

Tel: 01954 780442

www.mhmaple.co.uk

Opening Hours – we offer early appointments from 7.30am on a Mondays, Tuesdays and Wednesdays. The Surgery is open till 6.30pm every weekday.

Health Event – our latest Health Event, run in conjunction with our Patient Participation Group, will be held on **Thursday, 12th June at the Bar Hill Church from 7pm.** Presentations on 'Healthy Living' will feature nutrition, fitness and heart health with representatives from local diet and exercise groups joining us. Look out for more details!

New Patients – we are currently accepting new patients. Visit the Surgery to complete registration forms.

Online Appointments and Repeat Prescription Requests – registered patients can now book GP appointments and order repeat medications on the website www.mhmaple.co.uk. Please call in to the Surgery with one piece of photo ID to obtain your username and password.

Repeat Prescriptions – please do remember to allow **two clear working days** for your request to be processed. For your own safety we are unable to accept prescription requests by phone. However, there are several ways you can order your medication: on our website; via our dedicated email maplesurgery.repeats@nhs.net; or put your completed repeats slip in the grey repeat prescription box located on the wall in the front entry foyer of the Surgery. When the Surgery is closed please post your request through the gap in the front door.

Appointments – we are still experiencing a large number of wasted GP and Nurse appointments due to non-attendance. If you cannot make your appointment for any reason, **please let us know as soon as possible** so we can offer your appointment to another patient.

Excel Ultrasound now operate a fortnightly morning clinic in the Surgery. This will hopefully shorten waiting times for scan appointments.

Regards, *The Maple Surgery Team*

JUNE BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Barbeque safety: the sun has arrived, so residents will perhaps enjoy a tasty barbecue. But they can get out of control if care is not taken. Follow our top safety tips: PLACE your barbecue on level ground so it won't tip over; SITE it away from the house, sheds, fences and overhanging foliage; KEEP children and garden games well away from the cooking area; WHEN cooking is finished, ensure the barbecue is cool before moving it; NEVER pour petrol or other flammable liquids on the barbecue, or leave it unattended.

For more advice about barbecue safety, log on to www.cambsfire.gov.uk/firesafety.

Like our fan page on Facebook: www.facebook.com/cambsfrs, follow us on Twitter @cambsfrs.

RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings. These are usually held on the first Tuesday of the month at 8 pm in the Parish Council office.

Next meeting: 3rd June.

BAR HILL CHILDMINDERS

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (details below).

Childminders with current vacancies

Kirsty	07584 168909 (school aged children)
Melanie	01954 204496 (0-5 year-olds)
Jacky	01954 780249
Kirsten G	01954 200228
Kirsten C	01954 202228
Terri	07846 018714

'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45–11.15 am in the Octagon (term time only) £2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

FOR SALE

2 x jodhpurs, almost new, size 12-14; cost around £70; will accept **£20 each**. Riding boots, short, size 4, in good condition **£10**. Riding boots, long, new cost £70 bargain at **£25**. Riding hat, good condition **£5**. Phone: 01954 782638 (Bar Hill)

GIRLGUIDING IN BAR HILL

After a fantastic end to last term, performing our 2nd Bar Hill Brownies 'Brilliant Brownie Birthday Bash Show' to family and friends, we have another exciting term planned. In between evenings of Arts and Crafts, we will be visiting the Raptor Foundation, to see the owls which we have reintroduced as leader names in our pack. We will also be spending an evening swimming in one of the local pools. For anyone interested in joining us, we meet from 6.30–8.00 pm in Bar Hill, and have available spaces for new Brownies.

Why not come and join in the fun?

Girlguiding units currently meet weekly in Bar Hill: Rainbows (age 5–7) Monday and Wednesday, Brownies (age 7–10) Tuesday and Wednesday, Guides (age 10–14) Wednesday, and Senior Section (14+) meet monthly.

If you would like to volunteer, or your daughter wants to join us having fun in a girl only environment, please go to http://www.girlguiding.org.uk/interested.

For more information about local girlguiding, please phone 01954 203322 or email Di Gunton, Bar Hill District Commissioner, at di@theguntons.com. Why not come and join in the fun?

WILLINGHAM & LONGSTANTON SURGERIES

Willingham: 01954 260230; Longstanton: 01954 207600; Dispensary: 01954 260073

Website: www.willinghammediclpractice.nhs.uk

Travelling abroad? Book an appointment with the nurse for a consultation at least four weeks prior to travel, to allow sufficient time for maximum cover. Please provide destination details when you book the appointment. If you want to check that your travel immunisations are up-to-date you can request a telephone consultation with the nurse. Ring reception and indicate where you are travelling to and the nurse can phone you back to advise if you are up-to-date or if you need to make a travel appointment.

Holiday essentials – make sure you have essential supplies to make your holiday go according to plan. Call into our pharmacy to stock up with sunscreen products, insect repellents, anti-malarials and first aid medicines. Neil and his team can advise you on travel products to ensure you have a happy and healthy holiday. Remember to order your repeat medications well in advance. It is sensible to keep your medication with you in case you become separated from your luggage, and to take a copy of your repeat medication order form in case you are asked about your medicines.

Pharmacy News – do you want to know more about the medicines you are taking and general advice about your drugs? Our pharmacist Neil can offer you a free Medication Use Review. Just ask the pharmacy team.

Carers Free Drop-In Sessions – the next meeting is on Wed 10th June between 2.00 and 4.30pm at Willingham Surgery and will be hosted by Lesley from Crossroads Carers Service and Karen Pawley our Surgery Carers Lead. Why not drop in for refreshments and learn about what help and support there is, and lots of other useful information about flexible respite breaks, benefits you may be entitled to, and carers social events in the area.

CAMTAD – the next Hearing Aid Clinic will be at Willingham Surgery on Wed 16th July from 2–4pm. No appointment necessary – just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

Cynthia Bidwell, Practice Manager

YOUR LOCAL POST OFFICE, BAR HILL

Tel: **01954 789285**

Opening Hours: Monday to Friday 9.00 – 17.30; Saturday 9.00 – 12.30.

You can buy Euros, Lottery Tickets, open a Current Account, and get your Vehicle Tax.

THE ALLOTMENT SOCIETY

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348 to be put on the waiting list.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

* Insurance work
* Guttering * Facia Boards
* Garages & Extensions
* Re-roofing & repairs

Prompt Reliable Service

5-10 year guarantees

Competitive Rates

01487 841008 Mobile 07860 680550

37 Greenfields, Earith

---

haart

is where your home is

www.haart.co.uk

- Experienced staff with local knowledge
- 10 Cambridge regional offices, 223 national
- Independent mortgage advice
- Advertised on 7 major property websites
- No sale – no fee

The only agent truly serving Bar Hill

Unit 12, The Mall

Call the office today for your free, no obligation, valuation **781411**

King & Co.

Solicitors

238, High Street Cottenham

Tel: Cottenham 251818

Opening Hours:-

Mon. - Thur. 9.00 am - 5.00 pm

Fridays 9.00 am - 4.00 pm

No Parking Problems

J T Carpentry & Joinery Building and maintenance

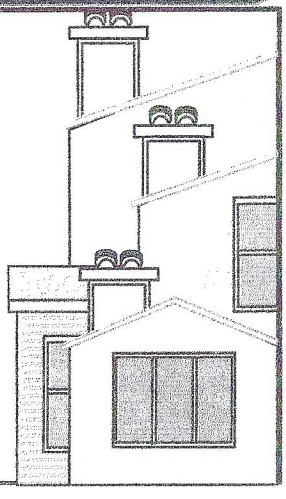
All Domestic Carpentry & small Building work. Kitchens. Bathrooms. Wardrobes. Doors. Architraves. Skirtings. PVCu & timber Windows. Decking. Security locks. Stud walls. Insulation. Glazing. Cupboards. Painting. Repairs.
Please call if your job is not listed.

Also: Brickwork, Alterations, Renovations, Loft conversions, Garage conversions, Dormers, Hand cut & trussed roofs. Discounts for OAP's

City & guilds Apprenticeship served, 37 yrs experience. References available. Bar Hill resident. Free Estimates. Sensible rates.
Commercial work undertaken. Maintenance & repairs. Good rates for long term contracts.

Call for information. **01954-780471 or mob 07846-847808.**

jtcarpentryno1@yahoo.co.uk. http://www.johnnytno1.moonfruit.com



R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING

INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004

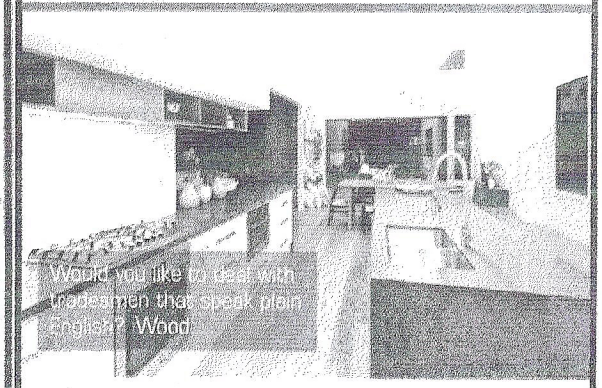
TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com

iWood

carpentry & building



Making it easier and more enjoyable to create your ideal home.

Tel: 01954 214545 Mobile: 07825 706176
contact@iwood.uk.com www.iwood.uk.com

CAMBS INTERIORS

Specialising in the supply and or fit of complete bathroom and kitchen refurbishments

Full bathroom and kitchen design and planning

Bathroom and kitchen fitting

Wet Room design and fitting

Plumbing, Tiling, Plastering, Joinery, Electrics.

M: 07969 748393 T: 01954 201085 74 Hillcrest, Barhill, Cambs, CB23 8TQ

JASON KIRBY

Professional Painting & Decorating Ltd

- All aspects of internal & external decorating undertaken
- Period, residential & commercial properties
- City & Guilds qualified
- Full public liability insurance
- For quality & reliability at competitive rates
- References available
- A local established business built on reputation and recommendations

Dulux Select Decorators

TRUST MARK

Tel/Fax: 01954 211775

Mobile: 07966 174431

info@jasonkirbyltd.co.uk

Andrina Baldock

SAC Dip. FHPP FHPT
Foot Health Practitioner

Providing treatments in all aspects of foot healthcare in the comfort of your own home, including.....

Nail Cut • Callus •
Hard skin • Corn removal •
Fungal Infections • Athlete's Foot •
In growing Toe Nail • Orthotics •
Plantar Faciitis • Leg & Foot Massage

To book your appointment, call Andrina on

07966 571 686
or email
andrinab@btopenworld.com

Register for Foot Health Practitioners Member

RHD BUILDING SOLUTIONS

A locally based family run building company with extensive experience in all aspects of building work including:

New Builds
Extensions
Loft Conversions
Internal and External Renovations
New Kitchens and Bathrooms
Design Service

Excellent references available and the opportunity to view completed building projects

For further information and a no obligation discussion please call:

01954 715321 or 07885 147979

www.rhdbs.co.uk

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING

**DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE**

- **WE REPLACE** Glass, Locks, Handles, Hinges, Patio Door Wheels, Tilt & Turn Mechanisms
- **WE FIT** Window Opening Restrictors, Cat Flaps, Fly Screens
- **WE SPECIALISE IN** New Conservatories, Windows, Doors

FREE ADVICE / ESTIMATES

SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Friendly and Efficient Service Please Call

Phone 01954 201944

Email: enquiries@tw-ds.co.uk
visit www.tw-ds.co.uk

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

Drake Heating and Plumbing

Tel: 01954 781366 or 07831 806733
email: DrakeHP@aol.com

Established 32 years

Gas Central Heating Installations
Boiler Replacements
Boiler Repair and Maintenance
Power Flushing
Bathrooms

Gas Safe Register

Gas Safe
Registered Gas Installer
2185

Skatz
HAIR DESIGN
and
Bethan's Beauty Shop

Opening times:

Mon	Closed
Tue	9.00am-5.30pm
Wed	9.00am-8.00pm
Thu	9.30am-7.00pm
Fri	9.00am-5.30pm
Sat	8.00am-2.00pm

89 High Street
Longstanton
780909
New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- New for the summer - St Tropez spraytan treatment
- Appointments not always necessary

P&P Home and Garden

Call 01954 782198 or 07954 372516

Email: pphomeandgarden@hotmail.co.uk

we tailor our services to suit your needs

No job too small

Weekly, Fortnightly, Monthly or one off jobs

Friendly and reliable service carried out by local mums

We can offer:
Gardening Service
Cleaning Service
Dog Walking and Pet Service
Washing and Ironing Service

Website :
www.pphomeandgarden.vpweb.co.uk

ENTIRE

safe

ecodan

Plumbing • Heating • Gas • Bathrooms
Property Maintenance • DIY Handyman Service • Water Softeners

T/F: 01954 204044 E: info@entiregroup.co.uk W: www.entiregroup.co.uk

Are you in need of a chiropodist ?

For a professional service in your own home:-

☎ 201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association

REPORT FROM COUNTY COUNCILLOR JOHN REYNOLDS

A14 Consultation

Over the past eight weeks I have attended a number of presentations and exhibitions concerning the upgrade. There are many outstanding questions of real concern that, unless resolved, will adversely affect residents of Bar Hill and surrounding villages.

I understand the Highways Agency (HA) is only designing the Bar Hill interchange to accommodate 5,000 of the predicted 10,000 Northstowe homes. HA say they have allowed space for future road widening if it becomes necessary. I understand the road layouts are designed for average traffic flows, not peak morning and evening traffic. Another concern is a lack of detailed data for many of the side access roads. I have raised these issues with HA and await a convincing answer. The Consultation finishes on 15th June.

China to seal economic co-operation with Cambridgeshire

An approach has been received from the Economic and Commercial Counsellor's Office of the Embassy of the People's Republic of China, on behalf of the city of Nanjing, in respect of economic cooperation with the businesses and institutions of Cambridgeshire.

Nanjing is one of the four ancient capital cities of China and is located in the Yangtze River Delta. It is the political, economic, scientific, educational and cultural centre of Jiangsu Province with a population of eight million. It has more than 800,000 students at University there, and is home to 75 high-level scientific institutes, 307 technical engineering research centres and has 80 academy fellows. It has a mix of emerging research facilities and industries that mirror many of those in Cambridgeshire and the East of England.

This is very exciting. The potential for economic development, technological research, and cooperation should be further explored. The Economy and Environment Committee is to draw up a form of words acceptable to the City of Nanjing and Cambridgeshire County Council, supporting further economic cooperation following consultation with principal businesses, trade associations and appropriate institutions in and around Cambridgeshire.

This approach proposes that an economic partnership agreement is formed between the two regions. This is not a request for civic twinning. Details of the relationship are still to be defined. Suggestions from Nanjing include identifying opportunities for joint ventures, investment, and cooperation regarding research and development and industrialisation.

As your County Councillor I am here to help. Please feel free to contact me with comments, questions or concerns.

John Reynolds, 4 Hollytrees, Bar Hill, CB23 8SF.
T: 01954 200571; E: j.e.reynolds@ntlworld.com.

Note: Mr Reynolds sent a more detailed report, for which there was not enough space in this edition. Please e-mail bhneditor@yahoo.com if you'd like the full report. *Ed.*

BICYCLE REPAIRS & SERVICING
Collection & Return Service.
07914 655086

BAR HILL CRICKET CLUB

The season is underway, but we have had to pull a team from the league due to players' unavailability on Saturdays. The club still has one Saturday league team, a midweek XI playing in the Business Houses League, and the youth section is showing signs of growing.

The sole league game before the firsts were pulled saw them bowl out Fen Ditton for 218, with Sam Wilson taking three wickets, but Bar Hill managed only 77 in reply with Steve Holt top-scoring with 21.

The first game for the (now only) Saturday team saw defeat to Bottisham & Lode despite bowling the opposition out for 117, with three wickets each for Martin Cullum and Martin Haslop.

Sam Clare and Muhammad Iqbal were the headline-makers in pre-season friendlies. Sam hit 109 n.o. and Muhammad 97 n.o. against Little Paxton, a partnership of 178. Dave Underhay took three wickets as Bar Hill won easily. The friendly against Huntingdon resulted in defeat, with Pete Stockton's innings of 25 the highlight. The midweek team lost their first match against Allstars, despite Jonathan Barber hitting 29 and Javed Mir 37.

We are holding **weekly youth training sessions** at the village green **every Tuesday from 6.30–7.45pm**. These sessions are open to boys and girls aged 8 to 11, or younger by agreement. No experience is necessary and equipment is provided. Training is by DBS-checked coaches. Although at time of writing we have not been able to play in the under-11 league, it is hoped to arrange some friendly fixtures later in the summer. Youth membership is £15 for the whole season, with no weekly subs.

Please visit our website at www.barhillcricket.org.uk for more information about the club. We are also on Facebook and you can follow us on Twitter @BarHillCC. We also look forward to seeing you on Fete Day, when we will be running the barbecue on the Village Green.

July's fixtures: Wed. 9th: Sepura (away); Sat. 12th: Willingham II (away); Sat. 19th: Histon III (home); Wed. 23rd: Girton II (away); Sat. 26th: Milton III (home).

Paul Stimpson, 01954 201212

– 8 O'CLOCK CLUB –

The 8 o'clock club is an all-women's group, which meets at 8pm on the first Thursday of the month in Bar Hill school.

Our next meeting is:
Thursday 5 June – David Lincoln – Evacuees in WWII
Thursday 3 July – Garden Party – members only
Thursday 7 August – No meeting

To find out more about the club please phone Barbara 01954 204171, Adela 01954 204265 or Ann 01954 204687, or come along to one of the meetings where we will be pleased to see you.

ART EXHIBITION AND SALE

During the Fete, **5th July 1pm – 4pm** in the Church. Original paintings by members of Bar Hill Church Art Group.
Come and see work by talented local artists.

Bar Hill Pre-School

Registered Charity No. 1030125
http://www.barhillpreschool.co.uk

Village Hall 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect the needs of all the children. We offer fully flexible care between 9am–3pm, for children aged 2–5yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us. The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership: To fulfil our commitment to meeting children's individual needs we use communication diaries as part of our outstanding parent/carer partnerships. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk. Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

BAR HILL COMMUNITY CAR SCHEME

This is a reminder that our voluntary car scheme serving the residents of Bar Hill is now fully up and running. It is supported by a much appreciated start up donation from the Parish Council.

Once again we appeal to Bar Hill residents for more volunteer drivers. If you have just an hour or two to spare every so often, we would very much like to welcome you to our team. All you need is a road legal car and a desire to help others. We pay mileage and offer training and support. Even a small amount of time can make a difference by helping someone elderly or vulnerable in your community who may be struggling to use public transport when attending medical appointments.

If you, or someone you know, would benefit from the use our service, do let us know. Please note that at least 48 hours booking notice is required.

To use this service, or to volunteer as a driver, please contact Tracy on 07542 194033 or email BarhillCommunityCarScheme@outlook.com.

Can anyone help me with basic clothes alterations? Ring **Pat: 07907 849624**. Thank you.

COUNCILLOR CHAT
MONTHLY REPORT: JUNE 2014

Water Sports at Milton Country Park

Learn to walk on water when paddleboarding returns to Milton Country Park this summer.

Forty-five minute taster sessions, led by qualified instructors, will run between 10am and 1pm every Sunday from 11 May to 29 June, with the exception of 25 May. Sessions cost just £10 per person. For those looking to take part regularly, we are offering a five week course that will take place every Tuesday between 6 May and 10 June. A junior course tailored to participants aged 10 to 14 will run from 4.30pm to 5.30pm at a cost of £60 and adult courses will follow from 5.30pm to 6.15pm and again from 6.15pm to 7pm at a cost of £50.

Spaces for both one-off sessions and courses are limited so please book early to avoid disappointment by contacting Helen Stepney on 07732 222905 or helen.stepney@scambs.gov.uk

Former empty homes at Waterbeach have been brought back into use

Families have moved into 27 former empty homes in Waterbeach after a deal was struck with Ministry of Defence bosses to bring them back into use. The five year deal will see South Cambridgeshire District Council's arm's length property company – South Cambs Limited – manage the homes and rent them at affordable rates to local residents registered on the Council's housing waiting list.

Papworth Hospital

The government has seen that it is best to move Papworth Hospital to Addenbrookes site.

Your Councillors are always ready to help. If you have any questions about these - or any other matters or just a comment, please do not hesitate to contact Bunty Waters: T: 01954 201421 or 07734 690580; E: bunty.waters@ntlworld.com; Roger Hall: T: 01954 780304; E: roger.hall90@ntlworld.com.

THE NHS 111 SERVICE

This is now fully operational in Cambridgeshire. You should use it if medical help or advice is needed outside GP surgery hours. NHS 111 is available 24 hours a day, 365 days a year, and calls from both landlines and mobile phones are free.

Calls to NHS 111 are answered by fully trained call advisers, supported by experienced nurses and paramedics. They will assess symptoms and give you the healthcare advice you need, or direct you to the most appropriate local service. Where possible the NHS 111 team will book an appointment or transfer you directly to the people you need to speak to. If advisers think you need an ambulance they will arrange for one to be sent. All calls are recorded and records maintained securely. Information will only be shared with others directly involved with your care.

For immediate, life-threatening emergencies, please continue to call 999.

...did you know...

'dreamt' is the only English word that ends in the letters "amt"?

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

34 Partridge Drive
Bar Hill
Cambridge
CB23 8EN

www.blockpavingcompany.co.uk

IJC 01954 231623

15 Norman Way Industrial Estate,
Over, Cambridgeshire CB24 5QE
Email: info@ijcbuildingservices.co.uk
Website: www.ijcbuildingservices.co.uk
All major Credit & Debit Cards Accepted

THE HEATING SPECIALISTS

Boiler Replacements • New Heating Systems • System Updates • Powerflush • Servicing & Landlords Certificates
Whether it's Gas, Oil or Solid Fuel we can offer a competitive price with all the latest energy efficient appliances

OFFER Combination Boiler Replacements from £1,500

Inc. 7 Free TRV's and Two years guarantee

HETAS · APHC · CHAS · OFTEC · Gas Safe Register

Irena Spence & Co

Solicitors

Mount Pleasant House
Huntingdon Road
Cambridge, CB3 0RN

Tel: 01223 713300
mail@irenaspence.co.uk

Specialists in:
Residential & commercial conveyancing
Wills & probate
Family/Matrimonial

Also at
5 Green End,
Comberton, CB23 7DY
01223 713300

A. Denton

Painting & Decorating

High Quality

INDUSTRIAL
COMMERCIAL
DOMESTIC

102, Stonefield
Bar Hill
Cambridge
CB3 8TB

01954 782472

URBAN
CAR COMPANY

QUALITY USED CARS

- All Cars Multi Point Checked
- Finance Arranged
- Extended Warranties
- Cars Bought for Cash

Your local car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

UniPlumb

We offer a full range of plumbing and heating services including the following:

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations/replacements
- Central heating power flushing
- Repairs & maintenance
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 212553 or email info@uniplumb.com alternatively
Visit our office at 117 Highfields Road, Highfields, Caldecote, Cambridge CB237NX

Ash Croft Veterinary Surgery

169, St. Neots Road, Hardwick Cambridge CB3 7QJ

Surgeries by appointment 210250

Visits by arrangement

8.30 - 10.30 am & 4.30 - 7.00 pm Weekdays
9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

Laura Wood
BA, MA, VetMB, MRCVS

Simon Shore
MA, VetMB, MRCVS

Dragan Tomovic
BVSc, MRCVS

Full 24 hour Emergency Service

Andy's Kars Ltd

For Quality Servicing & Repairs
6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666

In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles

Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

Honest advice with a smile, we go the extra mile!

BAR HILL PARISH COUNCIL

Leigh Baffa, Parish Clerk
Tel: 01954 780456
e-mail: bhillpc-1@btconnect.com
Please note that the office is open to the public between **10am and 12 noon Monday to Thursday,** and **By Appointment Only on Fridays.**

Free Kerbside Collection

Due to the success of the kerbside collection last November, we have organised another one for Thursday 12th June. If you have any white goods such as washing machines, TV's, microwaves, mobile phones, kitchen appliances etc., please put these on the kerb outside your property on 12th June by 10am, and these will be collected. Posters will be displayed around the village beforehand so you will know exactly what can be disposed of. Please make use of this service, as it is FREE. However please do not obstruct the pavements with your goods and if you have a large appliance, keep an eye out for the vehicle and they will be happy to assist in moving the item from your property.

Four Village Cycle Challenge

Can you do it? On Sunday 8th June there will be a Four Village Cycle Challenge starting at Bar Hill Village Hall at 10.30am, travelling through to Dry Drayton Church green, then on to Madingley Village Hall and if you feel up to the challenge, carrying on to Coton School. Bring a picnic and enjoy the day with family and friends. Contact 01954 211536 for further information or visit www.bhddmadcycle.com. Cyclists under 16 must bring an adult and don't forget to wear your helmet. Have fun!

Parish Council Meetings

The next Parish Council meeting will be held on Thursday 19th June at 7pm in the Parish Council Office. All members of the public and press are welcome to attend. There is also an Open Forum at the start of each meeting for residents to put their views across.

Handy Telephone Numbers

Streetlights: 0800 253529 and give the number that is written on lamppost.
South Cambs District Council: 03450 450500
County Council (*damaged paths and roads*): 01223 717111.

G B PROPERTY SERVICES

Specialist in flat roofing and all aspects of property maintenance. **Call Pepe on 07761 143610**

FOR SALE

4-wheel garden trolley (inflatable tyres) £20
Westland fertilizer spreader £15
Fertlizer spreader £10
Enquire at 01954 782418

LOVE LIFE – LOVE SLIMMING WORLD

Join our warm and friendly group at
Bar Hill Primary School
on Wednesdays at 5.30 pm or 7.30 pm.
Want to lose weight and never feel hungry?
Call Chris on 07779 287055.
No pills or potions, just healthy wholesome food suitable for all the family.
Website: slimmingworld.com; T: 0844 897 8000

FOR SALE

Rabbit indoor cage hutch. Bargain at £25.
NERO yellow indoor rabbit cage, includes 600mm water bottle and attachable hay holder.
Dimensions: 97cm l x 49cm w x 47cm h.
Tel: 07790 750369 (Bar Hill)

HAVING PROBLEMS WITH COMPUTERS OR NEW TECHNOLOGY?

The solution is **Learn IT with Laura.**
Professional and personal support and training in your home.
T: 07889 261282; E: info@learnitwithlaura.co.uk;
W: www.learnitwithlaura.co.uk.

INTERESTING...

...14% of all facts and statistics are made up and 27% of people know that fact!

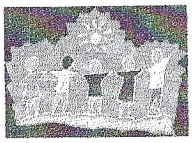
BUILDING WORK

All types of small building work undertaken by experienced craftsman. Competitive rates.
– TOM MOORE –
M: 078125 71384; H: 01954 202677;
E: tombola49@aol.com

Bar Hill's Newspaper Delivery Service.
Any Paper, Any Day, £1 per week.
T: 07814754520; E: info@yourlocalpaperboy.co.uk.

S DYE

for all your Painting & Decorating needs.
Please call today on 07806 629972 or 01954 230484.



BAR HILL BABY AND TODDLER GROUP...

... is held on Wednesday and Friday 9.45–11.15 am at the Octagon. This is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.
Prices: Under 1's – £1.00 (*or* FREE *when paying for a sibling over 1*); Over 1's – £2.00.
Maximum charge per family/child-minder – £3.00.
Visit our Facebook page for details of future events.

HEALTHWATCH CAMBRIDGESHIRE
YOUR SPOTLIGHT ON HEALTH & SOCIAL CARE

Healthwatch Cambridgeshire, launched in 2013, is the champion for people using local health and social care services. It works to ensure that people's voices are heard in making important decisions about local NHS, social care and public health services. We talk to people in the local community about their experience of the care they receive, to help understand how well local care services are working. We feed information back to where it matters – to the people buying, providing and regulating local care services.

Tell us about your health & social care experiences – we want to hear about the good as well as the not-so-good. Feedback can help improve care for everyone. Join our Consultation Network, which could connect you with organisations interested in your experiences and opinions of care in Cambridgeshire. We can make sure you know where to go if you need to sort out a problem with a local care provider. We can also give you information about how different complaints systems work and who can help you resolve your issues.

Find out more about Healthwatch Cambridgeshire and get involved at www.healthwatchcambridgeshire.co.uk. Tel: 01480 420628.

Healthwatch Cambridgeshire is a Registered Community Interest; Company No. 08516179.

Note: Healthwatch Cambridgeshire produces a newsletter which contains a lot of information, but unfortunately there isn't room to include in BHN. Their website is comprehensive and easy to navigate. *Ed.*

CARING FOR SOMEONE WITH DEMENTIA? WE CAN HELP!

The Dementia Carers Support Service improves easy access to care, support and advice following the diagnosis of Dementia. Former carers become volunteer befrienders, supporting current carers of those with dementia throughout their caring journey.

Successfully piloted in East Cambridgeshire the service now covers Cambridge City & East and South Cambridgeshire. We currently have a team of volunteers supporting carers in various ways, varying from face to face contact, or by telephone/e-mail.

If you are interested in the service, or just want more information then please contact the Coordinators:
Sally Kitchin on 07432 701833 (Monday – Wednesday);
Sally.kitchin@cpft.nhs.uk;
Fe Franklin on 07506 579367 (Thursday – Friday);
Fe.franklin@cpft.nhs.uk;
Terry Dellar 01353 652092 (Fridays only);
Terry.dellar@cpft.nhs.uk.
We would also be very interested in hearing from those who may wish to volunteer. We look forward to your call!

OVER DAY CENTRE NOW OFFERS A HOME HELP SERVICE

If you need assistance with housework, laundry, general tidying, bed making, food preparation, shopping, medication, outings, contact Danny Dews, Head of Care. E: danny.dews@btconnect.com; T: 01954 231807. Registered Charity No. 800829.

BAR HILL SPORTS AND SOCIAL CLUB

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub.

What's on in June?

Sat. 7th	Play Your Cards Right
Sat. 21st	Play Your Cards Right
Mon. 30th	Quiz Night, 7 :30pm. For 8:00pm start.

Looking Ahead.....

Sat. 2 Aug	Dave Cass, singer
Sat. 16 Aug	Fluffy Wangers, Band
Fri. 5 Sep	Curry Night, must be booked in advance.
Sat. 4 Oct	Ladies Cocktail evening, must be booked in advance.

Beer Festival

We will be holding a Beer Festival at The Village Fête on Saturday, the 5th July. Come along to enjoy our selection of real ales straight from the barrel.

Monthly Quiz

Quiz Night on the last Monday of every month! Registration at 7.30pm for 8pm start. Maximum of six per team, £1 per head. At least one of the team must be a club member. Many prizes to be won. No mobile phones or tablets allowed.

Not a Member?

New members are always welcome, join now for £10, Seniors £5. Pop in and have a look round. Please ask the bar staff for a membership form. See our website for opening times. The club also has a junior membership for 16 and 17 year-olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin, 01954 781881 (BHSSC)

THE HUNTINGDONSHIRE LOCAL GROUP OF THE WILDLIFE TRUST...

...invites you to a walk on Saturday 14th June 2014 at 2.30pm to **Portholme Meadow**. Dr. Patrick Doody, Chairman of our local group, will be our guide.

Portholme is a large river flood plain boarded on two sides by the river Ouse. The meadow has traditionally been used for sheep and cattle grazing and today is a haven for breeding birds such as corn bunting and skylark. It also supports a rich variety of flora.

Everyone is very welcome to attend the walk. Please note it is likely to be wet under foot and there may be biting insects, so please bring insect repellant and/or sun protection as appropriate.

We meet at 2.30 pm in the car park at Brampton Mill, GR TL224706. Suggested donation of £2.00 for adults; children free. For more information please contact Pat on 01480 392706.

Part of the Wildlife Trust for Bedfordshire, Cambridgeshire, Northamptonshire and Peterborough.
Registered Charity No: 1000412

FINBOW FRAMING (inc Warwick Fine Art Prints)

We provide a local, friendly and bespoke framing service.
Framing for paintings, photographs, Tapestry, Certificates, Memorabilia etc

Warwick Fine Art Prints now have a stock of over 1000 antique prints and maps, many of Cambridge. These are available simply mounted or framed. We can also provide restoration work on damaged items.

Please feel free to get in touch with Julian on 07952 295861
www.finbowframing.co.uk
finbowframing@hotmail.com

Oakington Garden Centre

Large selection of plants, pots and garden sundries

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.
Tel. 01223 234818
Fax. 01223 236823
Email. oakingtongardencentre@hotmail.com

Jim Edwards

Gas appliances, Plumbing and Heating

Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

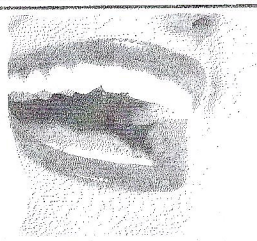
All plumbing work undertaken, local friendly service. Fully insured.

01954 267054

07870520702

www.cambridge-plumber.co.uk

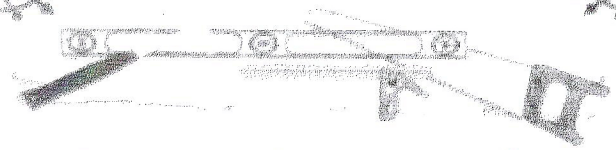
jim-edwards@live.co.uk



Bar Hill Dental Clinic
Hanover Close, Viking Way,
Bar Hill
Cambridge CB23 8EH
01954 781616
www.cambridgedentist.co.uk
bhdc29@gmail.com

Complimentary consultation for
Cosmetic Dentistry
Teeth Whitening
Dermal Fillers
Botox

We are currently accepting children and adults with a valid exemption (eg. Income support, pension credit, pregnant etc) as NHS patients



DAVID HUMPHREY
CARPENTER & JOINER

01480 432275

Mob: 07768 428690
Fax: 01480 461666

In need of any work doing around the home, but haven't got time to do it ?
Then look no further

- Carpentry & Joinery
- Windows & Doors
- Exterior Finishes
- Roofing
- Home Security
- Conservatories
- Loft Conversions
- Home Extensions

No job too large or too small
Quality work at realistic prices

NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

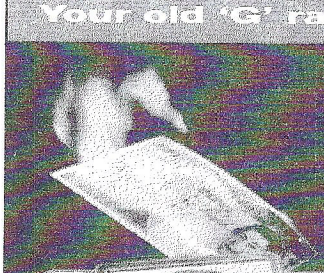
Authorised and regulated by the Financial Conduct Authority

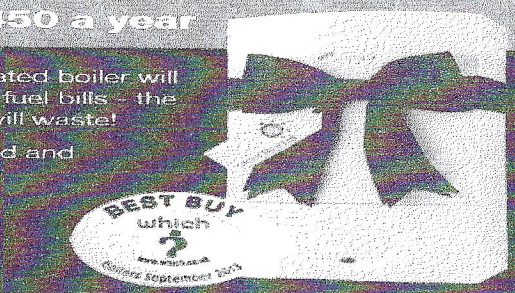
Your old 'G' rated boiler is wasting £450 a year

Installing a new British made 'A' rated boiler will improve comfort and reduce your fuel bills - the longer you leave it the more you will waste!

Call **Green Heat** your local trusted and recommended heating installer - better value than British Gas according to The Times

Special offers for 2014





GUARANTEE

Green Heat Ltd
The Energy Efficiency Company

PHONE NOW FOR A FREE NO OBLIGATION QUOTATION

01223 277278

www.greenheat.uk.com

benchmark HHIC energy saving trust WORCESTER Bosch Group

L.F.Dean & Sons
Motor Body Specialists

01223 233250 (evenings 01954 782247)

07711 131085

*All makes repaired * Welding *Re-spraying *Low-bake oven

Non-fault accident service

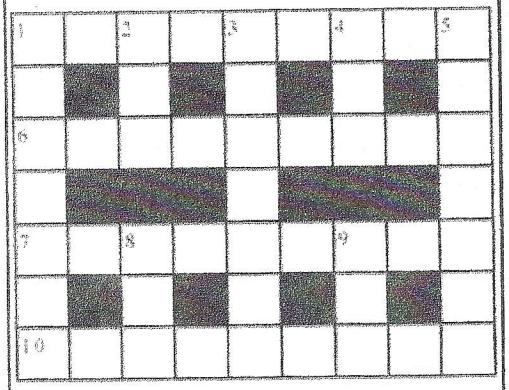
Free estimates

4 Water Lane, Oakington

CROSSWORD CLUES FOR JUNE
JUST ADD VOWELS

Across: 1. CLDN; 6. TRTTR; 7. BDCTD; 10. KNGSLYNN. .

Down: 1. CTWLK; 2. L; 3. DTCTS; 4. NR; 5. BNDN; 8. DN; 9. TY.



SOLUTION FOR MAY

Across: 1. Acropolis; 6. Amsterdam; 7. appraisal; 10. twenty six.

Down: 1. adamant; 2. RHS ; 3. precast; 4. lid; 5. simplex; 8. pie; 9. SOS.

– CAMBRIDGESHIRE COUNTY COUNCIL – CHANGES TO THE LAW THAT MAY AFFECT YOUR BUSINESS FROM JUNE 2014

The Consumer Contracts *(Information, Cancellation and Additional Charges)* Regulations 2013 come into force on 13th June 2014. They introduce **significant** changes to the way most businesses contract with consumers regardless of how the contract is entered into. These new regulations cover contracts made for the sale and supply of goods, services and digital content. In brief, the main changes are:

- The requirement to provide specified information to consumers about the seller, the product and any additional charges before they enter into a contract.
- An increase to the minimum cancellation period from 7 to 14 days for most contracts made away from business premises or without face to face contact.
- In relation to the sale of goods, where the consumer cancels the contract a refund must be provided within 14 days of the goods being returned (or proof of their return). With regard to service contracts, there is a requirement for any refund to be made within 14 days from the date of cancellation.
- Limited exemption for cancellation periods for genuine emergency work.
- Prohibition of pre-ticked additional charge options.
- A requirement that most telephone helplines are chargeable at no more than the basic rate. Where this is not adhered to, the regulations allow consumers to claim any difference from the business.

Further guidance and advice is available at https://tinyurl.com/q53spxb. There are three areas to help businesses identify the changes to comply with the new regulations: on premises, off premises and distance selling contracts. For further guidance, visit https://tinyurl.com/qfwz7rf.

NEW 5-A-SIDE FOOTBALL LEAGUE

Sign up now on **07809 878433**;
E: info@mavericksoccer.org.uk.

Professionally organised 5-a-side football league running at Bar Hill.

Get fit, keep fit and have a great evening out with your mates. Enjoy hassle free competitive league football, as our organisers are on hand to arrange everything and ensure the evenings run smoothly.

League affiliated with the Cambridgeshire FA. All matches are officiated by qualified FA registered referees. All league fixtures and results are available on the website so you can check how your team is doing.

Find us on Facebook @ MaverickSoccerUK;
Website: http://mavericksoccer.org.uk.

Recycling a 3-foot stack of newspapers can save a whole tree.

FINBOW FRAMING

Incorporating Warwick Fine Art Prints
Conservation and Standard Framing
Bespoke Framing of Art Work, Photographs, Tapestry, Memorabilia etc
Reframing and Repairs
Antique Prints of Cambridge and Restoration
Julian Finbow, 12 The Brambles, Bar Hill, CB23 8TA.
T: 07952 295861; E: Finbowframing@hotmail.com;
Website: www.Finbowframing.co.uk.

FOR SALE

Cement Mixer Belle Mini 140. Good condition; can deliver. £150. 01954 780553

JUNE BIN COLLECTION DATES

4th & 18th June: blue and green bins
11th & 25th June: black bin

...did you know...
The average person laughs 15 times per day?

JUNE PUZZLE

Form nine mineral terms containing nine letters, in alphabetical order.

A	D	O	F	I	R	O	N	E
A	L	A	I	S	E	O	N	E
B	A	S	I	T	E	Q	U	A
B	O	N	I	T	E	Q	U	O
C	A	R	I	T	E	R	T	Z
C	O	N	M	E	T	S	A	N
D	S	T	M	O	O	T	E	R
E	S	T	N	S	T	T	U	R
E	O	R	O	N	E	Z	I	R

				A				
			B					
		R						
		T						
		O		S	T			
		A	R			I		
		N				O		
			Q		O			
				O				

Solution to May puzzle: CELESTIAL, ELEVATION, FIRMAMENT, LONGITUDE, METEORITE, NOVILUNAR, PLANETARY, SATELLITE, TELESCOPE .

PRACTISE SPEAKING ENGLISH!

English classes for speakers of other languages from £3 per week
Chesterton Community College, Cambridge
Monday/Fridays
9.30am–12.15pm
Contact Sarah Adams:
sadams@chesterton.cambs.sch.uk
or Chesterton Sports Centre: 01223 576110

– Events Calendar –

date	*event*	*where*	*time*
5 June	NWR – discuss a current news item	Venue: Julie's	8pm
5 June	8 O'clock Club – David Lincoln	Bar Hill School	8pm
7 June	Bar Hill Community Market	Octagon	10.30am–2pm
8 June	Cycle Sunday *(see page 3)*	meet at Village Hall	10am
11 June	Starship Wellbeing Event	Bar Hill Primary School	10am–12md
12 June	Healthy Living, Healthier Life Health Awareness Event *(see page 4)*	Bar Hill Church	from 7pm
14 June	Rosie: Worldwide Knitting in Public Day	The Farmland Museum, Waterbeach, CB25 9PQ	10.30am–5pm
19 June	NWR – Gardens in Europe	Venue: Bobby's	8pm
21 June	Re-Cycling Open Day *(see page 5)*	Waterbeach	10am–4pm
21 June	NWR – visit to Re-cycling Open Day		
28 June	Nearly New and New Sale *(see page 4)*	Village Hall	11am–2pm
28 June	Clairvoyance Evening *(see page 8)*	Village Hall	8pm
3 July	8 O'clock Club – Garden Party – members only		
3 July	NWR – do you have a favourite film actor?	Venue: Brenda's	8pm
5 July	BAR HILL FETE *(see front page)*	VILLAGE GREEN	ALL DAY

DO SOMETHING MEMORABLE THIS FATHER'S DAY: REMEMBER. CELEBRATE. CHANGE LIVES

Macmillan Cancer Support has created a special place where people can remember and celebrate the lives of loved ones they have lost to cancer. Losing someone you love can leave you feeling lost, particularly at milestone days like Father's Day. Macmillan has created a permanent place where friends and family can come together, share memories and even change lives.

The website, www.macmillan.tributefunds.com, allows you to create a lasting legacy for your loved one – a legacy that will help Macmillan support more people with cancer and their families. If someone close to you dies from cancer, Macmillan is here for you. Call the support line on 0808 808 00 00 to help you cope with grief, give you the practical information you need, and, when you're ready, offer ways to celebrate the life of your loved one.

Contact Jessica Levin, Fundraising Manager Cambridgeshire, at fundraising@macmillan.org.uk.

If you are looking for something different to do on Father's Day, why not sign up to take part in our 10k run in Milton Country Park? For more details visit https://www.macmillan.org.uk/macmillan10k.

– RAYNERS OF BARTON –
Sectional Buildings
Greenhouses, Garages, Workshops, Chalets,
Log Cabins, Carports, Summer Houses,
Sheds – Concrete, Steel or Wood,
Conservatories – Aluminium or Hardwood.
– DOUBLE GLAZING AT ITS BEST –
PVC-U or Hardwood Windows, Doors.
Lance Rayner, Top Field Farm,
16 Cambridge Road, Barton CB23 7AR
Tel/Fax: 01223 262888; Mobile: 07702 669026

DID YOU KNOW?

Changing another country's weather is considered a war crime under the Geneva Convention of 1976.

PARK LIFE
MILTON COUNTRY PARK AND MILTON RECREATION GROUND

South Cambridgeshire District Council's annual Park Life Event will be held on **Saturday 28th June 2014.**

Last year around 5,000 people attended, with 450 people taking part in water sports such as canoeing, paddle-boarding and kayaking. Almost 100 children had a go at den building in the Wild Place. In total there were 22 different types of sports to be tried.

This year's event will be themed around the

- **Football World Cup** (Brazil 12th–13th July);
- **Tour de France** (coming to Cambridge Monday 7th July);
- **Commonwealth Games** (in Glasgow 23rd July – 4th August).

We will also be showcasing local produce and craft stalls, charities, community groups and sports clubs.

If you would be interested in sponsorship opportunities; if you are a sports club or community group wanting to showcase your activities; if you would like to sell produce or crafts and wish to book a pitch; or if you would like to volunteer to help staff the event, please go to the website: https://www.scambs.gov.uk/park-life

Confirmed activities are: paddleboarding, canoeing, kayaking, fishing, bouncy castle, inflatable assault course, wild place – den building, climbing wall, boulder wall, baby boulder wall, archery, smoothie bike, pedal powered scalectrix, rollapaluza, 'you can bike too'– all ability bikes, 'all biked up' pump track.

INTERESTING FACT

Chocolate is associated with the release of serotonin, the hormone that makes you feel relaxed, calm and happy. Enjoy!